



PREGNANCY POLICY

The Metro Jets Netball Club is committed to providing an enjoyable and safe environment for all its members. This is also true for pregnant players. There are several positive outcomes for women to continue sporting activities through their pregnancy however the Metro Jets Netball Club encourages all pregnant players to discuss their decision to continue playing during their pregnancy with their medical practitioner.

Australian Anti Discrimination Legislation prohibits any company or body to unlawfully discriminate against a female on the base of her pregnancy. In sport however, pregnancy does pose some legal issues to be considered in relation to pregnant women playing sport including:

- Privacy of the pregnant participant
- Providing reasonably safe environments for the pregnant participant
- Responsibility of the player for inherent and obvious physical and non-physical risks

GUIDELINES: PREGNANT PLAYERS

A Pregnant Player should:

Obtain expert medical advice as to the associated risks with playing sport while pregnant. She should ensure she understands this advice and where necessary question the advice until she ensures she understands the risks taken in participating in netball.

- Be aware that her own health, and the wellbeing of her unborn child, is of utmost importance in her decision about whether to continue playing sport.
- Have regular reviews with her Doctor, including ongoing review of exercise participation.
- Take into account her changed physical condition, use common sense and not take unnecessary risks.

The Metro Jets Netball Club will always acknowledge that the decision to participate in Netball will always be the players, whilst having regard to all circumstances and the club will always endeavour to:

- * Provide players with the opportunity to advise the committee of their pregnancy.
- * Provide a playing environment that is reasonably safe for all players
- * Be aware of anti-discrimination legislation and its application to netball.
- * Ensure the organizations insurance (public liability and player injury insurance) provides the appropriate cover
- * Seeking professional advice, (Including Legal and medical) if a situation where it is not clear what steps to be taken in a given circumstance
- * Require medical documentation to state that the player is fit for participation.

3. COMPLAINTS

Complaints regarding the above behaviours should be made in writing to the secretarymetrojets@gmail.com